



## Member's Continued Professional Development (CPD) Notification

Sample only

Name ...A. Member..... Member No. ....2045.....

Annual period from 1<sup>st</sup> April 2010 to 31<sup>st</sup> March 2011

The entries should be matched by evidence held in your CPD portfolio which you may be called on to provide

Activity Undertaken	Date	Brief description of activity and name of provider where appropriate	Formal Hours	Informal Hours
Study Day	24.4.10	Baby Massage Northern Institute of Massage	7	
NAMMT A.G.M. and lecture	12.9.10	Belpar Derbyshire	6	
Peer group meeting and case study discussion	22.5.10 19.6.10	Preston Lancashire		6
Reflective diary writing	Ongoing	Home- self study		3
Reading and update massage literature	Ongoing	Home – self study		4
Conference	21.8.10	Harrogate Complementary and Health Care Council	7	

			20	13

Total hours CPD for this period	33
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**IMPORTANT NOTICE**

Please Note:- That there will be random CPD checks on 10% of the membership in the coming year.

## **About Continuing Professional Development (CPD)**

CPD is fundamental to the professional obligation of any healthcare practitioner and is the mechanism through which high quality patient care is maintained.

One of the functions of NAMMT is to promote CPD and to help with the development of skill and competency which facilitates fitness to practice.

NAMMT members are required to keep a profile or portfolio which is available as evidence of professional development, and the CPD form provides a summary of that portfolio.

NAMMT requires a minimum of 20 hours a year study time of which 8hrs should be informal and 12hrs at a regulated certified training school which should be logged into the profile.

## **Types of acceptable activities and resource**

This can include both formal and informal learning, such as:

- Study days and documented theory time
- Key readings from books and text
- Reflective narratives
- Patient testimony and feedback
- Experiential learning
- Courses, Seminars and Workshops
- Professional meetings

## **About the CPD form**

The CPD form is for professional activities for the previous year April-March inclusive.

NAMMT does not require proof of CPD being sent with the form, but would advise the keeping of a portfolio containing more detail of the CPD activities entered on the form. NAMMT may ask for more detail from selected members.